

Kailash Tour 2025 Overland Route

Kathmandu | Kerung | Mansarovar | Kailash | Kerung | Kathmandu



17 Days/ 16 Nights

DURATION

+977 985-1407777

www.ourotravels.com

Trip Overview



This 17- day Mount Kailash and Lake Mansarovar Pilgrimage package offers a perfect blend of spirituality, adventure, and cultural exploration. Starting in Kathmandu, you'll enjoy sightseeing at iconic temples and prepare for your journey before traveling through the picturesque landscapes of Nepal and Tibet. Highlights include the sacred Lake Mansarovar, spiritual rituals, and the challenging Mount Kailash Parikrama, trekking through high-altitude passes like Drolma-La. Along the way, explore ancient monasteries, immerse yourself in local traditions, and marvel at the majestic Himalayan and Tibetan Plateau landscapes.

With comfortable accommodations, guided support, and moments of profound spiritual connection, this package promises a transformative and unforgettable experience.



DURATION
17 Days/ 16 Nights



DEPARTURE
Kathmandu



CONTACT
+977 985140-7777/ 8888/ 7750/ 8850

WEBSITE
<https://ourotravels.com>

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Trip Highlights



1. Holy Mount Kailash and Lake Mansarovar
2. UNESCO World Heritage Sites
3. Sightseeing in Nepal & Tibet
4. Three Days Parikrama (kora) around Mt. Kailash
5. Drolma La Pass – 5650m
6. Exploration of Tibet and nomad lifestyle



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Itinerary



Day
01

Arrival in Kathmandu

Upon arrival at Tribhuvan International Airport, our representatives will welcome you and transfer you to the 5-star Hotel for check-in. After a brief session to introduce the trip and meet fellow travelers, we will visit key Hindu temples in the Kathmandu Valley, including Pashupatinath, Guheshwari Shaktipeeth, and Jalnarayan Temple. There will be time to buy any supplies needed for the Yatra. Overnight at the hotel in Kathmandu.



ALTITUDE
1400m



MEALS
D



DISTANCE
Inside Kathmandu Valley

Day
02

Rest Day in Kathmandu

Start your day at the resort with herbal tea on your private balcony, enjoying serene views. Relax midday with a spa, swim, or yoga session, followed by a light farm-to-table lunch. Spend the afternoon on nature trails, at the pottery studio, or in the Himalayan salt room. End the day with a sunset over the Himalayas from the hilltop lounge, tea in hand.



ALTITUDE
1400m



MEALS
B, L, D



DISTANCE
Inside Kathmandu Valley

Day
03

Sightseeing in Kathmandu and Visa Processing

Start your day with a peaceful morning at the Resort, enjoying herbal tea on your private balcony with stunning views. In the afternoon, explore the UNESCO-listed Pashupatinath Temple, Budanilkantha, with a visit to the Patan Durbar Square. In the evening, relax at the hotel or try local Nepali cuisine at nearby restaurants.



ALTITUDE
1400m



MEALS
B, L, D



DISTANCE
Inside Kathmandu Valley

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Itinerary



Day

04

Swayambhunath and Shopping

In the morning, visit Swayambhunath Stupa (Monkey Temple) to enjoy panoramic views of Kathmandu Valley and learn about its Buddhist significance. In the afternoon, explore Thamel for trekking gear, traditional handicrafts, and souvenirs like prayer flags, pashmina shawls, and Thangka paintings. In the evening, relax at your hotel or opt for a rejuvenating spa session or yoga class.



ALTITUDE
1400m



MEALS
B, L, D



DISTANCE
Inside Kathmandu Valley

Day

05

Visa Processing and Final Preparation for Kailash

In the morning, attend your visa appointment for the Kailash Yatra, ensuring all documents are in order. Once your visa is ready, finalize your packing with essentials like warm clothing, trekking gear, and medications. In the afternoon, visit the Bouddhanath Stupa, one of the largest in the world, and enjoy a peaceful Kora (circumambulation). In the evening, rest early for the upcoming journey, or visit a local monastery for blessings before your pilgrimage.



ALTITUDE
1400m



MEALS
B, L, D



DISTANCE
Inside Kathmandu Valley

Day

06

Kathmandu to Syabrubesi

After breakfast, we will embark on a scenic drive to Syabrubesi, a charming village located at 1,700 meters. Upon arrival, we will check in at a local guesthouse for an overnight stay, preparing for the adventure ahead. Overnight stay in Syabrubesi.



ALTITUDE
1400m



MEALS
B, L, D



DISTANCE
6-7 hour drive (KTM to Syabrubesi)

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Itinerary



Day

07

Syabrubesi to Kyirong (China)

After breakfast, we will drive to the Nepal-China border at Rasuwagadhi, where we will complete the immigration and customs procedures. Once we cross into China, we'll continue our journey towards Kyirong, a scenic town nestled in the mountains. After arriving, you'll have time to explore the town, soak in the local culture, and enjoy the beautiful surroundings. This evening, we'll relax and acclimatize to the altitude. Overnight stay at a guesthouse in Kyirong.



ALTITUDE
2,700 m



MEALS
B, L, D



DISTANCE
25 kilometers/ 3-4 hours

Day

08

Acclimatization in Kyirong

Spend the day acclimatizing in Kyirong, exploring the town, its culture, and stunning landscapes at your own pace. Use this time to rest, prepare, and adjust to the altitude before continuing the journey.



ALTITUDE
2,700m



MEALS
B, L, D



DISTANCE
Stay in Kyirong

Day

09

Kyirong to Saga

After breakfast, drive 8 hours to Saga via the scenic Lalung La Pass, enjoying panoramic Himalayan views and photo stops. Rest breaks help with altitude adjustment. On arrival, check into a guesthouse for the night.



ALTITUDE
4,500m



MEALS
B, L, D



DISTANCE
250 Kilometers - 8hours
(Kyirong to Saga)

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Day

10

Saga to Lake Mansarovar (Chui Gompa)

After breakfast, drive to the sacred Lake Mansarovar, enjoying stunning Tibetan plateau views. On arrival, participate in rituals and visit Chui Gompa monastery. The serene atmosphere of this holy site provides a perfect setting for reflection and prayer. Stay overnight at a guesthouse near the tranquil lake.



ALTITUDE
4558m



MEALS
B, L, D



DISTANCE
450km – 7/8 hours
(Saga to Mansarovar)

Day

11

Lake Mansarovar to Darchen

After a morning of spiritual activities at Lake Mansarovar, we will drive towards Darchen, the base camp for Mount Kailash. The journey offers spectacular views of the surrounding mountains and landscapes. Upon arrival in Darchen, we will check in at a local guesthouse, where we will rest and prepare for the upcoming journey around Mount Kailash. Overnight stay in Darchen



ALTITUDE
4,600m



MEALS
B, L, D



DISTANCE
30/40km – 1/2 hours

Day

12

Darchen to Dirapuk

Today marks the first day of the Mount Kailash Parikrama. After breakfast, we will begin the trek from Yama Dwar, the traditional starting point of the Kora, towards Dirapuk. The trail offers breathtaking views of Mount Kailash and the surrounding landscapes. Upon arrival in Dirapuk, we will check into a guesthouse



ALTITUDE
4,890m



MEALS
B, L, D



DISTANCE
12/14 km – 6/7 hours

Itinerary



Day
13

Dirapuk to Zutulpuk

Today's trek takes us from Dirapuk to Zutulpuk, passing through the challenging Drolma-La Pass, the highest point of the entire Mount Kailash Parikrama. The trek is physically demanding due to the altitude and steep terrain, but the views of the surrounding mountains and valleys are spectacular. After crossing the pass, we will descend toward Zutulpuk. Overnight stay in a guesthouse or camp at Zutulpuk.



ALTITUDE
4,790m



MEALS
B, L, D



DISTANCE
22/24 km – 8/10 hours

Day
14

Zutulpuk to Saga

After completing the final section of the Mount Kailash Parikrama, we will trek from Zutulpuk back to Darchen. Upon arrival, we will drive back to Saga. This marks the end of the trekking portion of the trip. After reaching Saga, check in at a guesthouse for an overnight stay.



ALTITUDE
4600m



MEALS
B, L, D



DISTANCE
350km – 7/8 hours

Day
15

Saga to Kerung

You will travel from Saga to Kyirung, retracing the route taken earlier in the journey. The drive offers a scenic and serene descent through the Tibetan landscape. Once you arrive in Kyirung, you will check into a guesthouse for an overnight stay.



ALTITUDE
2700m



MEALS
B, L, D



DISTANCE
230 km – 6/7 hours

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Itinerary



Day

16

Kerung to Kathmandu

You will begin your journey back to Kathmandu. After leaving Kyirung, you'll cross the border into Nepal and continue your drive toward the capital. The scenic route takes you through beautiful landscapes as you descend from Tibet into Nepal. Upon arriving in Kathmandu, relax and unwind after your long journey. Overnight accommodation is provided at the 5 - star Hotel.



ALTITUDE
1400m



MEALS
B, L, D



DISTANCE
170 km – 6/8 hours

Day

17

Departure

Our representatives will drop you at the airport as per the flight timings.

** **OPTION:** There is an option for the Kathmandu – Ghattekhola – Kathmandu helicopter rides, costing USD 1875.00 per shuttle (shared by 5 members each ride)*

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Inclusions



Documentation

- Tibet Permits
- Tibet Visas
- Special Kailash Mansarovar Permit
- Applicable Entrance Fees to above mentioned places

Transportation

- All ground transportation in private vehicles
- Airport Pickup and Drop Off Service

Support and Crew

- Nepali Guide and Tibetan Guide
- Nepali Crew Members in Kailash Region

Meals

- Breakfast, Lunch, and Dinner (VEG)
- Drinking Water (3 bottles per day)

Sightseeing

- KATHMANDU: Pashupatinath Temple, Guheshwori, Swayambhunath, Bouddhanath, Patan Durbar Square, Jalnarayan (Sleeping Vishnu) Temple
- TIBET: Lake Mansarovar, Holy Mount Kailash, Milarepa Cave, Drolma La Pass, Yamadwar, Gauri Kunda

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Inclusions



Equipment

- Medical Kits
- First Aid
- Oximeter daily check (Pulse and Oxygen Level)
- Enough Oxygen Cylinders
- Other Necessary Equipment
- Stick for Parikrama

Clothing

- Down Jacket
- Duffle Bag
- Day Backpack

Accommodation

- 4* Standard Accommodation

Hotel List

S.No	Place	Hotel/ Similar	Standard
1	Kathmandu	Hotel Royal Singi	****
2	Ghattekhola	Sonam Guest House	Best Available
3	Kerung	Hotel Pilgrims Inn	Best Available
4	Saga	Hotel Station Manor	Best Available
5	Mansarovar	Ashram Guest House	Best Available
6	Darchen	Himalaya Hotel	Best Available
7	Drirapuk	Government Guest House	Best Available
8	Zuthulpuk	Government Guest House	Best Available

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Exclusions



- Personal Expenses
- Pony – Horseman – Helper
- International Airfare
- Insurance
- Emergency Circumstances
- Extra Nights

Requirements/ Documents

- Passport with a validity of minimum 6 months.
- Scanned Copy of Passport to be submitted 1.5 months in advance.

Payment Mode & Options

- 30% of the amount to be deposited at the time of booking confirmation.
- 50% of the amount to be wired to Ouro Travels and Tours 15 days prior to yatra date.
- 100% of the amount to be cleared upon arrival in Kathmandu.

Bank Details

Bank Name : Machhapuchchhre Bank Limited

A/C Name : Ouro Travel and Tours Pvt. Ltd.

A/c Number : 0040993246800014

Bank Address : New Baneshwor, Kathmandu

Swift Code : MBLNPKA

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Risk and Liability



- The Ouro Travels and Tours team will make every effort to ensure that your journey is successful and memorable.
- The Kailash Yatra is organized under the guidance of the relevant authorities in Tibet and the Foreign Exchange Center of the Tibetan Autonomous Region (FEC TAR).
- As such, Ouro Travels and Tours will not be held responsible for any last-minute changes, unforeseen circumstances, emergency evacuations, flight delays, extended stays, natural disasters, altitude sickness, or rescues. Any additional costs incurred due to these circumstances will be the responsibility of the clients.

Booking Policy

- All the required documents are to be submitted on time.
- Clients must agree and abide by the Company Policy.
- Insurance is recommended – not compulsory.
- Clients must carry Proof of ID while traveling.
- The itinerary can be changed without notice due to unavoidable circumstances beyond Ouro's control, such as natural calamities, political unrest, itinerary changes by Chinese Authorities and so on.
- **Booking and Payment Policies**
 - After confirming to travel with Ouro Travel and Tours, you are required to book a trip 3 months (90 days) before the start of the trip to ensure maximum safety and satisfaction of the clients.
 - The customer receives the payment confirmation receipt via email within 60 minutes of successful booking and confirmation voucher will be released via email within 48 hours of deposit.
 - At least 30% of the total cost should be deposited during the time of booking or the amount that has been agreed during the correspondence has to be deposited as an advance.
- For further details please refer to our **Booking and Cancellation** of Ouro Travels and Tours.

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Cancelation Terms



- Cancellations must be submitted in writing. Refunds, if applicable, are based on the cancellation timeline.
- If cancellations are made with 45 days or more before the scheduled departure from your country, the company will charge a cancellation fee of 30% of the total trip amount.
- If cancellations are made with between 25 to 44 days or more before the scheduled departure from your country, the company will charge a cancellation fee of 45-50% of the total trip amount.
- If cancellations are made with between 24 Days and the last week before the scheduled departure from your country, the company will charge a cancellation fee ranging from 65% to 70% of the total trip amount.
- Once your trip has commenced (started), there will be no refund available for any unused services or portions of the trip.
- The cancellation fee is subject to processing fee from Nepal Rastra Bank (NRB)- Central Bank of Country, thus, cancellation amount will be refunded to you after deducting the processing charge of NRB.
- For further details please refer to our **Booking and Cancellation** of Ouro Travels and Tours.

Trip Note

- Do not bring any books, magazine, pictures about Tibet, Buddhism or about any Lama's. Custom of China won't allow entering with those kinds materials
- Fresh vegetables, fresh fruits, liquids like Ghee, Oils are not allow entering from Chinese custom at Kodari.
- Do not take any pictures and videos in Chinese customs, Army and police station
- Make queue in every customs and in checking post as per your visa list number (your guide will give you instruction from first day).
- Take cooperative position from every Nepali and Tibetan staffs and in Immigration sites
- We need three to five working days for Visa processing in Kathmandu for all foreigners other than Indians. So all the foreigners must stay in Kathmandu for the required days.

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Recommendation



- Enough clothing for the whole Yatra including 3 pairs trek suits/ leisure wear/ jogging trousers/ 4 to 5 tea shirts/ 2 polar flees one light quilted / shirts/ polo-neck/ salwar kameez etc. Do not overload.
- Wool socks (around 4 pairs), thick tights, wool monkey cap, scarves, warm light gloves, scarf.
- Wool/thermal long underwear
- Rainwear (Umbrella or Raincoat)

Footwear

- Sports comfortable shoes/ trainers (Good one Nike, Adidas etc). Have a spare one too
- A pair of light Sleepers

Toiletries

- Toiletries kit (soap, shampoo, toothbrush, toilet rolls, towels etc).
- Sunscreen lotion/cream
- Facial tissues wet ones

Camping Item

- Torch/Candle/matchbox/lighter/batteries
- Knife
- Plastic mug
- Dusk masks/face masks

Personal & General Items to Make Your Journey Enjoyable

- Any regular medicines that you take
- Dark Sunglasses
- Your favourite food which will keep you going including Nuts, biscuits, powder juice
- Kapoor/Vicks/Inhaler etc
- Binoculars/Camera/extra batteries
- Milk powder for tea

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Recommendation



First Aid Kit – Also Include

- First aid kit (typical backpacking kit for minor injuries/ our guide also will carry).
- Diamox/ Aspirin/ painkillers
- Lip balm/Mustard oil/Vaseline
- Plasters
- TCP, salt, mint, Vicks for sore throats

Helath Precution

- Oxygen is less at higher altitudes. The inclement weather and high altitude induces certain illness generally not encountered over the plains.
- Headache, nausea, lassitude, lethargy, breathlessness, general uneasiness [malaise], high irritability, light loss of balance, disorientation, incoherence and insomnia are a few.
- It is common to all irrespective of the age, sex and physical fitness. Gradual acclimatization is the best answer.
- Tranquilizers, sleeping dose and strong anti-biotic must be avoided. Some of symptoms indicate that the body mechanism is readjusting to new environments.
- The best idea is deliberately slow down all the activities and follows the following rules:
 - Rest.
 - Relax-do not exert, be excited.
 - Reduce talking.
 - Walk slowly – adopt one-third of your speed and space.
 - Keep your load light.
 - Walk for 15 minutes and rest for 5 minutes.
 - Whenever you feel uncomfortable, just stop; rest and relax.
 - Ignore the sudden outbursts of fellow pilgrims and avoid arguments.
 - Observe silence with a smile.
 - Never go too high and too fast.
 - Consume plenty of liquids; never proceed with an empty stomach.
 - Chant a prayer or visualize everything around to suit your pleasant thoughts or put on the earphones and listen to your favourite music, bhajans, chanting etc.

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Recommendation



- Be careful not to catch a cold. It is better to be over clothed than under protected. En-route avoids taking bath or drinking water from Lake Streams or rivers, as your system is not conditioned for this.
- Keep your boots/Ked inside the tent. Protect yourself against dust and direct sunshine during the long stretches of driving. Face, feet and hands must be well protected.
- The uneven ground, steep slope and slushy banks are full of potholes. Do not combine walking and sightseeing together.
- Always listen to your guide or the one with experience. Never leave the group.
- On this trip, overexertion is to be avoided and drinking plenty of fluids is recommendable. During winter, heavy warm clothing is a must.

Accessories that Ouro Travel & Tours Provides During Kailash Tour

- Down Jacket
- Cap
- Walking stick on Parikarma days
- Duffel bag
- Daypack bag

Important Links

- [Terms & Conditions](#)
- [Privacy and Policy](#)
- [Packing Recommendations](#)

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